



# Project

# GLOW

August  
2009

A newsletter to inform and help the community find the resources they need to succeed!!

## *Free Goldeyes Game Tickets for WHRC Families!*



### **WHRC wants you to enjoy a free Goldeyes Game!!**

The Winnipeg Goldeyes has graciously donated tickets to WHRC families!! Tickets are available for games on Wednesday, August 05 **OR** Friday, August 28. Start time for both games is 7:00pm.

Call Fiorina at 949-2896 to reserve your tickets, or drop by 60 Frances to pick them up. Maximum five (5) tickets per family please. Tickets are limited so it's first come, first served. Please note transportation is not provided. WHRC would like to thank the Winnipeg Goldeyes Baseball Club for their generous donation!

## **The Keeper**

You might think giving a spare apartment key to a friend is a good idea. Actually it's not. Let's face it, people lose or misplace things, especially keys. Or worse, a friend today, a foe tomorrow.

Don't take chances. Please do not cut extra keys for friends and family as this puts all tenants in the building at risk. If you have a habit of losing your keys or locking yourself out of your suite, come up with a plan with your neighbour or someone you trust in your building. This way you know you're the only one with a set of keys to your suite. Remember, the WHRC policy is that only tenants and children listed on the lease can have keys to the suite and building.

## **Annual House Keeping Reports**

WHRC is visiting suites to complete the Annual House Keeping Reports. We encourage all tenants to spend time making sure their suite is up to WHRC housekeeping standards prior to our visit. You will receive at least 24-hour notice that we will be entering your unit. WHRC has selected the following buildings to be inspected in August:

**435 Sargent Ave.**

**853 Sherbrook Ave.**

**567 William Ave.**

For housekeeping advice, please call Fiorina at 949-2896. We can talk about time saving cleaning tips and ways to keep your unit up to WHRC standards.

## **Win a Folklarama Pass!**

Folklarama kindly donated "Tour Visa" passes to WHRC! The "Tour Visa" entitles the holder to free unlimited admission to all pavilions from August 2 to 15, 2009.

The number of passes are limited. Passes will be awarded through a draw. If you've paid your rent on time, have had good housing reports, and no nuisance and disturbance issues, then you may be eligible to win a pass. Come down to 60 Frances to fill out a ballot or call the front desk at 949-2880. Entry deadline is Wed., August 04 at noon. Winners will be notified that day. WHRC would like to thank Folklarama staff for their generous donation!

# Burning down the house!

Your kitchen stove can be dangerous. It's a source of an open flame that can lead to kitchen fires. **Fires are preventable by taking certain precautions.** Here are some tips on how to prevent kitchen fires.



- Be careful when you cook. **Don't leave something cooking unattended.** Stay in the kitchen if you're frying, grilling, broiling, or boiling food. It's very easy to become distracted and or have to deal with one of the kids while cooking. It only takes a few seconds for a fire to start while you're away in the other room. If you leave for "just a minute" that can easily stretch into 10 minutes. If you do leave while cooking, turn the stove or oven off. If you're roasting simmering or baking food, check it often and **use a timer.**
- If you have a small grease fire start in a pan, **take a pan lid and cover the flame** while wearing an oven glove. **Turn off the stove** element and slide the pan to another element.
- If you don't have a lid handy, **dump baking soda** on the fire. Baking soda naturally smoothers the flame.
- **Do not attempt to move a pot or pan on fire.** Often people think they should move it to the sink. Don't. You can get severely burned or worse, by moving an open fire source any distance.
- If a fire breaks from other appliances like microwave ovens or broilers, **unplug the unit. Wait to see if the fire extinguishes on its own.** If it does not, then call 911.
- If you have a fire in the microwave don't open the door. Turn off the microwave and let the fire go out. If you're not sure it will, call 911.
- If the **oven catches on fire, keep the door closed and turn off** the oven. If you open the door, the air rushing in feeds the fire and can make it leap out onto you.
- **Never put water onto a grease fire,** it will make the fire larger and help it spread.
- When cooking, **turn pot handles inward** away from the edge of the stove. You (or your child) may hit the handle and knock the pot down accidentally. This may cause a severe burn leading to other problems.
- Regularly clean grease from your stove top. Left over grease can easily spark and catch on fire.
- **Roll your sleeves up** when cooking. Loose sleeves can hang over the stove and catch on fire.
- Keep all **flammable things** away from open flame. This includes wooden spice racks, hand towels, dish rags, and potholders.

Fires can grow and spread very fast. If the fire starts getting bigger, make sure everyone else is out of the apartment and leave the building immediately. Call 911 immediately and wait for their instructions. People die every year trying to fight "small" fires that get big quickly. As rule of thumb, if the fire is larger than a paper waste basket, call 911 for help.

## Rub a dub dub, Don't Overfill the Tub!

It's easy to get distracted and leave the bathroom while you're waiting for the bathtub to fill up. The overflow drain however is not equipt to handle a large volume of water and will overflow causing damage your suite and the suite below yours. Keep in mind, if this happens you may be held financially responsible for any damages you've created.

**Contact Info**  
**Fiorina Pasquarelli**  
Project Glow Coordinator  
60 Frances Street  
Winnipeg, MB R3A 1B5  
ph. 949-2896



**Project Glow is sponsored by Winnipeg Housing Rehabilitation Corporation**