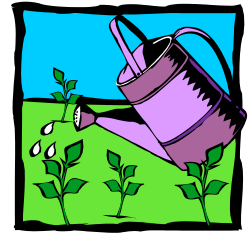


# Project

# GLOW



A newsletter to inform and help the community find the resources they need to succeed!

## Garden Clean-up Day

Project Glow is planning a clean-up day on Thursday, May 8 from 6 P.M. - 8 P.M. in the community garden next to our office at 60 Frances Street. WHRC tenants with plots in the community garden are encouraged to attend to



learn more about how to plant and care for a garden. There are still a few plots available for tenants. If you wish to have a garden plot please call 949-2880.

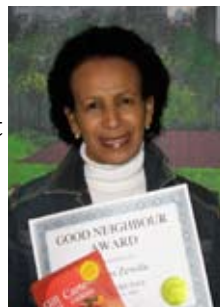
**Office Closed**  
Monday, May 19, 2008  
for Victoria Day



## Good Neighbour Award

On April 25, Abeba Zewdie's name was drawn from the entries received during April and is the winner of the Good Neighbour Award. She has won a \$30 gift certificate.

Often tenants nominate other tenants who have been kind to them or who make an effort to be helpful or polite. Project Glow congratulates Abeba for being helpful and a good neighbour.



Abeba Zewdie

Each month, WHRC awards one tenant the Good Neighbour Award, so please take a moment to enter someone from your building who is a "Good Neighbour." If you don't know their name, you can just tell us their apartment number. Entries can be made at the office or call Sheila at 228-5518. The next award draw will be held Friday, May 23 at noon.

## Celebrating Mother's Day



One of the best ways to celebrate Mother's Day is to give your mom the day off. Let her take it easy and relax while the rest of the family does the work. Mother's Day is Sunday, May 11th.

## Please Remember...

- Bring the exact amount to pay your rent as the office is unable to make change.
- Make sure all screens and windows are in good condition (screens with cuts or tears are not safe.) If they need repair, contact your caretaker right away.
- Only people with their name on the lease can live in the unit.



## Annual Housekeeping Reports

WHRC is visiting units to complete the Annual Housekeeping Reports. We encourage all tenants to spend time making sure their unit is up to WHRC housekeeping standards. Prior to our visit, you will receive a 24-hour notice saying that we will be entering your unit. WHRC has selected the following buildings to be inspected this month.

### MAY HOUSEKEEPING REPORTS



- 730 Alexander Avenue
- 401 Burrows Avenue
- 405 Burrows Avenue
- 970 Sherbrook Street

Project Glow is sponsored by:  
Winnipeg Housing Rehabilitation Corporation



# Contact Info

Sheila Hunter  
Supportive Housing Coordinator  
Winnipeg Housing Rehabilitation Corporation  
www.whrc.ca

60 Frances Street  
Winnipeg, Manitoba R3A 1B5  
Phone: 949-2880 Fax: 947-9183  
E-mail: shunter@whrc.ca

Project **GLOW**

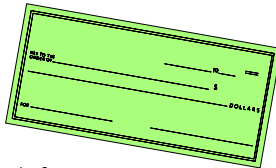
May 2008



A reminder: Rent is due on the 1<sup>st</sup> day of each Month. You will be charged **\$5.00** when your rent payment is late. It is a tenant's responsibility to pay their rent on time.

## Pre-Authorized Debit

Do you have trouble paying your rent on time because you can't get down to the office before it closes? WHRC offers P.A.D. (Pre-Authorized Debit) for monthly rent. Bring in a check from your bank or pick up an authorization form and have your bank help you fill it out. P.A.D. makes it easier to pay – your rent comes out the 1st of the month as long as there is money in your account. If you have any questions please contact WHRC at 949-2880 for more information or to have a form sent out to you.



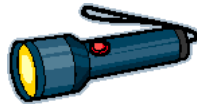
## Are you 65+ years old?

If you are, the **Safety Aid** team will come to your home with a checklist that outlines simple safety and falls prevention tips to make your home safer.

The team provides falls prevention material: non-slip bath mats, night lights, flashlights, fluorescent stair tape, and ice grip tips for canes.

This program is free to seniors 65+ who live in Winnipeg and have a net income below \$25,000 if single or a combined net income of less than \$30,000 for couples.

For information call *Age & Opportunity* at 956-6440.



## WHRC Cookbooks

The Cookbooks are \$5.00 each with net proceeds going to Winnipeg Harvest. Order your cookbook today by calling 949-2880 or stop by the office at 60 Frances Street.



Project Glow is sponsored by:  
Winnipeg Housing Rehabilitation Corporation

## Jane's Walk In Winnipeg



DATE: Saturday, May 3 & Sunday, May 4

MEET: For detailed information on time and meeting locations see: [www.janeswalk.net](http://www.janeswalk.net)

INFO: Welcome to Jane's Walk – a series of free neighbourhood walking tours happening in eight Canadian cities May 3 & 4, 2008. The walks celebrate the legacy and ideas of urban activist and writer Jane Jacobs who championed a fresh, community-based approach to city building.

Jane's Walk is accessible, fun and free – it's about getting out and walking, observing your city, meeting your neighbours and discovering new areas. For more information call Beth McKechnie at (204) 925-3772



## Mother's Day Humour

A teacher gave her class of second graders a lesson on the magnet and what it does. The next day in a written test, she included this question: "My full name has six letters. The first one is M. I pick up things. What am I?" When the test papers were turned in, the teacher was astonished to find that almost 50 percent of the students answered the question with the word Mother

After putting her children to bed, a mother changed into old slacks and a worn out blouse and proceeded to wash her hair. As she heard the children getting more and more rambunctious, her tolerance grew thin. At last she put a towel around her head and stormed into their room, putting them back to bed with severe warnings. While leaving the room, she overheard her three-year-old say with a shaky voice, "Who was 'that'?"