

# Project

# GLOW



A newsletter to inform and help the community find the resources they need to succeed!

## Enter to Win Thanksgiving Dinner

WHRC tenants are encouraged to enter their name into a draw to win a Thanksgiving dinner. The lucky tenant will receive a gift card to purchase a turkey and all of the trimmings. Enter your name at the office before Wednesday, September 24 at noon. The winner will be announced in the October newsletter.



## Don't Let Them In!

WHRC would like to remind tenants about the safety program called Apartment Watch. If you, "Don't Know Them, Don't Let Them In".



Please do your part and DO NOT let anyone into your building that you don't know. Remember, you are responsible for any person you let in.

## Good Neighbour Award

On August 25, Mariama Carboh's name was drawn from the entries received during August and is the winner of the Good Neighbour Award. She has won a \$30 gift certificate.



Mariama Carboh

Often tenants nominate other tenants who have been kind to them or who make an effort to be helpful or polite. Project Glow congratulates Mariama for being helpful and a good neighbour.

Each month, WHRC awards one tenant the Good Neighbour Award, so please take a moment to enter someone from your building who is a "Good Neighbour." If you don't know their name, you can just tell us their apartment number. Entries can be made at the office or call Sheila at 228-5518. The next award draw will be held Wednesday, September 24.

## Insure your vehicle

WHRC tenants' vehicles are required to have proper insurance if the vehicles are parked on WHRC property.



This means that all uninsured vehicles or those with expired license plates will be towed. For more information contact the office at 949-2880.

## Fall Clean Up Time

September is a great time to start preparing for the cooler months ahead.

WHRC would like to remind tenants that balconies and patios are not to be used for storage. Please note that satellite dishes are not permitted as they can damage the building.



Tenants living in buildings with storage rooms should check to make sure their storage units are clean and tidy. If you are not sure if your storage unit or balcony is up to WHRC standards please check with your building caretaker.



Project Glow is sponsored by:  
Winnipeg Housing Rehabilitation Corporation

# Annual Housekeeping Reports

WHRC is visiting units to complete the Annual Housekeeping Reports. We encourage all tenants to spend time making sure their unit is up to WHRC housekeeping standards. Prior to our visit, you will receive a 24-hour notice saying that we will be entering your unit. WHRC has selected the following buildings to be inspected this month.

## SEPTEMBER HOUSEKEEPING REPORTS



134 Chestnut  
290 Langside  
661 Sara  
640 Selkirk  
86 Young

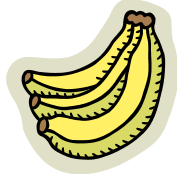
## Spot the Mistake



If you spot a mistake while reading the Project Glow newsletter call 228-5518 and you may win a prize. Also, please let us know if you

don't receive your copy of the newsletter at the beginning of the month.

## Back to School Banana Muffins



1 cup flour	3/4 cup white sugar
1/2 cup oatmeal	1/3 cup oil
1 tsp baking powder	1 1/2 cup mashed bananas (3 or 4)
1 tsp baking soda	3/4 cup raisins or chocolate chips
1/2 tsp salt	
1 egg	

Combine flour, oatmeal, baking powder, baking soda and salt in mixing bowl. Beat egg, sugar, oil, mashed bananas and raisins thoroughly. Add banana mixture to dry ingredient mixture. Stir just until moistened. Fill greased muffin cups 3/4 full. Bake 375 ° for 20 to 25 minutes or until top springs back when slightly touched. Makes about 12 muffins.

## Please Remember

A reminder: Rent is due on the 1st day of each Month. You will be charged \$5.00 when your rent payment is late. It is a tenant's responsibility to pay their rent on time.

If you need help but don't know where to start, you can contact Sheila at 228-5518 for assistance. All information is private and confidential.



## Office Closed

Monday, September 1, 2008 for Labour Day

## Recipe Contest Winner Announced...

Congratulations to our winner Elaine N who sent in one of her recipes. Send us a recipe and your name will be entered to win a WHRC cookbook and cooking pot (with a lid). Mail or drop off your recipe to the office at 60 Frances St. by Wednesday, September 24.



## Contact Info

Project **GLow**

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